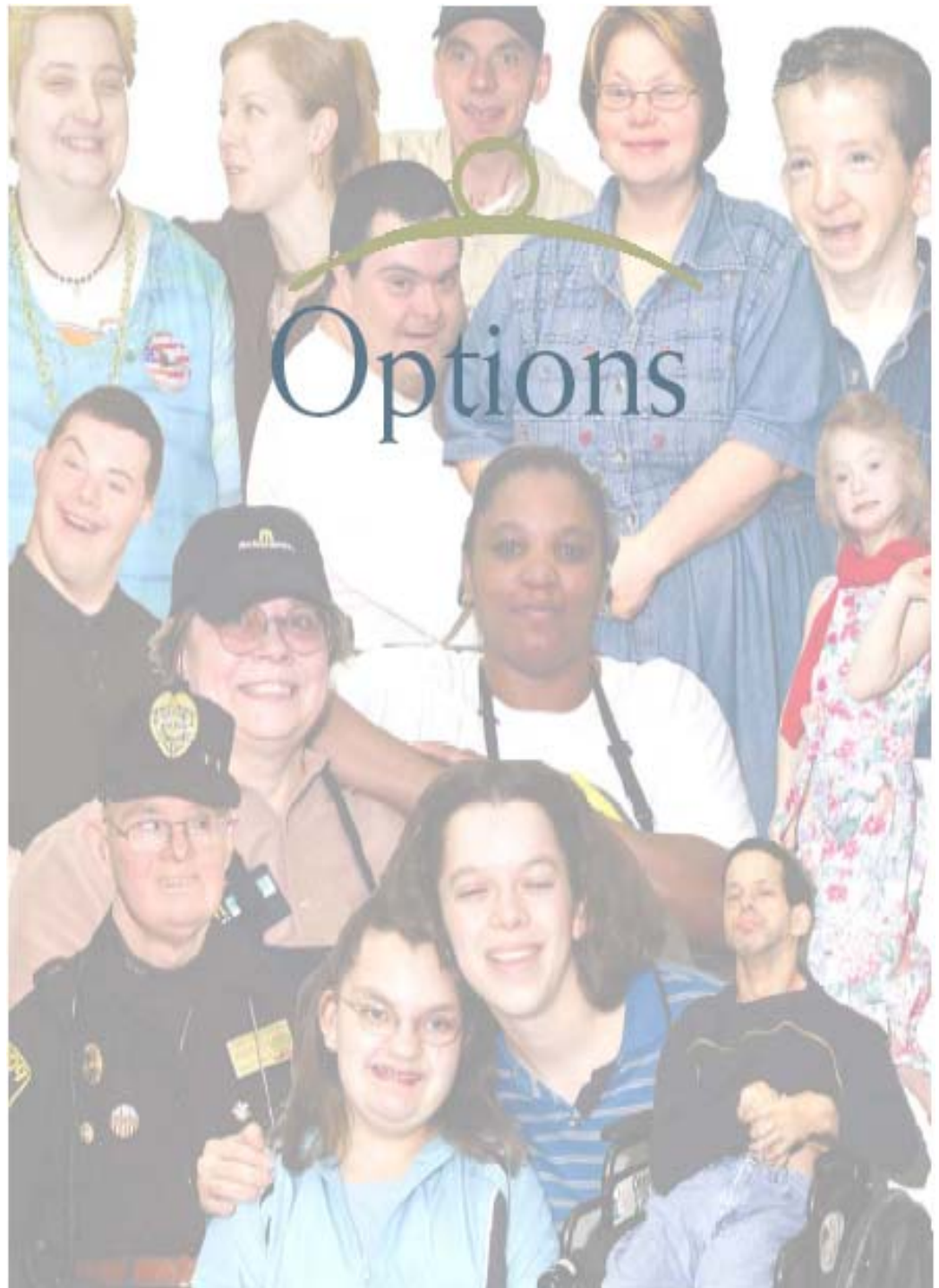


OPTIONS FOR BETTER LIVING

Active Citizenship

Rewarding Employment

Fulfilling Relationships



Options for Better Living

*Bloomington Office:
200 East Winslow Road
P.O. Box 1732
Bloomington, IN 47402*

*Bedford Office:
1515 G Street
Bedford, IN 47421*

*(800) 875-9615
Fax (812) 332-1186
www.optionsfbl.com*

Options for Better Living Offers the Community Unique Opportunities...

Options for Better Living (Options) partners with people with disabilities and their communities to bring about self directed and fulfilled lives. The agency helps local people and benefits your community--including members of your audience. The non-profit organization provides quality group living, in-home supports, supported employment, and behavior management so that people with disabilities can live, work, and have fun in their communities.

Options serves approximately 250 adults and children in Monroe, Lawrence, Owen, Morgan, Greene, Bartholomew, and Brown counties. These people are your friends, neighbors, co-workers, and church members.

Options for Better Living needs your help to raise awareness about its services. We believe that your organization provides the perfect forum for informing the local communities about the services Options provides, as well as to discuss the importance of opportunities it provides for everyone.

Please review the enclosed information. We will be happy to answer any questions and discuss coverage options with you in the near future!

Thanks in advance for your interest.



Options In-Depth: Mission and Goals

Mission

Options for Better Living partners with people with disabilities and their communities to bring about self-directed and fulfilled lives.

Vision

Options is a national leader in services to people with disabilities that results in active citizenship, rewarding employment, and fulfilling relationships within the community.

Strategic Goals

To ensure that all services and operations of the agency meet the future needs of its constituents and to ensure ongoing quality improvement, Options engages in a strategic planning process every two years. Through widespread input and feedback, Options involves customers, donors, community leaders, staff, Board members, and families in developing plans for agency services and operations for the future.

- ▶ Options is a model of Staff Development.
- ▶ Options has funding and business practices that support services.
- ▶ Options' individualized services enrich customers' quality of life.
- ▶ Options is a model of Advocacy and Civic Engagement.

Values

- ▶ Individualized holistic services, community integration, competent staff, respect for everyone, and health and safety.
- ▶ Options believes that all people: are valued human beings with rights, freedoms, and choices; can make significant contributions; are empowered by the dignity of risk and strengthened by their experiences; can benefit from meaningful relationships and active citizenships; can and should direct their own lives.

Information Sources & Board of Directors



Susan Rinne
Executive Director,
Options
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(812) 332-9615



William Bushaw
President, Board of Directors,
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Board of Directors

Officers

William Bushaw- President
Brian O'Neill- Vice President
Steve Ruiz - Secretary
Robert Magee - Treasurer

Members

David Bishop
Leo Cook
Christine Geary
Karin May

Carla McGee
Ellen Mufson
Marjorie Rice
Amy Ripberger

Sophia Travis
Becky Wann



1st row, L-R: Karin May, Leo Cook, Becky Wann, Sophia Travis
2nd row, L-R: David Bishop, Ellen Mufson, Vonnie Pieschl, Amy Ripberger,
Carla McGee, Steve Ruiz
3rd row, L-R: Robert Magee, William Bushaw, Brian O'Neill, Christine Geary

Options In-Depth: Core Services

Community Living Options

Options provides services to more than 160 children and adults with disabilities through a variety of residential settings. These services are designed so that individuals live where and with whom they want. Services are provided in the individual's home or in one of our two group homes.



Employment Options

Options supports individuals with disabilities to find and keep jobs in their communities. Using a team approach, the agency provides job-seeking skills, job placement, long-term career development services and ongoing support. Options assists employers to meet their ongoing workforce needs by matching people to jobs.



Continuing Education Options

Continuing Education Options (CEO) is a group community-based habilitation service that provides people with disabilities opportunities to make choices, create a community presence, and develop friendships. CEO can supplement other services in which Options customers participate, such as Employment or Community Living. Some of the daily offerings include cooking, swimming, music, touring, walking, arts and crafts, movies, going to lunch, health and safety, computers, and more.



Options In-Depth: Core Services



Housing Options

In July 2007, Options secured funding from the Federal Home Loan Bank of Indianapolis and the City of Bloomington Community Development Block Grant. Together with contributions and financing from Monroe Bank, Options was able to purchase and rehabilitate 12 apartments on the south side of Bloomington. According to Indiana's 2006 Consolidated Plan, people with disabilities are more likely than the general public to encounter difficulties with housing. Housing Options aims to address this need by providing affordable and accessible housing choices.



Technology Options

Currently in development, Options is working with Night Owl Support Systems to establish a monitoring and response service provided by professional staff between the hours of 9:00pm to 7:00am to individuals living in the community. Using cellular and web-based technology, the service delivers nontraditional residential support, resulting in increased or maintained independence. More than just a "push button" support system, Technology Options builds long-term relationships with each participant, allowing for a familiarity with the monitors and the responding staff.



Options In-Depth: Support Services

Behavior Support

Options defines Behavior Support as training, supervision, or assistance in the expression of emotions and desires, and assertiveness or acquisition of socially appropriate behaviors. This service also includes training and consultation with staff, family members, roommates and others.



Health Care Coordination

Health Care Coordination provides a medical professional to coordinate health care services. The service ensures that everyone who provides medical services to a customer are informed about that person's unique support needs. Options' staff works with the individual and his or her team to promote and maintain a healthy lifestyle.



Respite

Respite refers to short-term, temporary support to people with disabilities so that their families can take a break from the daily routine of care giving. Raising a child with disabilities can be a very rewarding experience, yet it can also be a very exhausting task. When a parent becomes consumed and overwhelmed with caring for their special child, the child's wellbeing may be at risk as well as the parent's. Respite service staff work with the family to lessen the pressures that may lead to institutionalization, divorce, neglect, or child abuse.



Options for Better Living's Annual Events...



The Week of Chocolate

Every year, Options hosts the Week of Chocolate, which includes Options' signature fundraising event Chocolate Fest. Each year Options' goal is to raise more money for customers and more awareness about the agency. In February, 2006, Options raised approximately \$30,000 with the 2nd Annual Art of Chocolate and the 9th Annual Chocolate Fest.



Annual Meeting

Options' Annual Meeting is held in April. The event recognizes individuals for outstanding commitment to our goals. Guests enjoy a variety of speakers, and have the opportunity to thank those who have made an impact on their lives.



Annual Picnic

The Annual Picnic is a great event for Options customers, families, and staff to relax and have fun! The event includes activities such as games, cooking-out, and listening to music, all of which allow customers to get to know Options' staff members better.



Halloween Party

Options' customers enjoy All-Hallow's Eve by donning costumes, dancing to music, snacking on ghoulish delights, and entering the costume contest. Last year, more than 200 people attended.



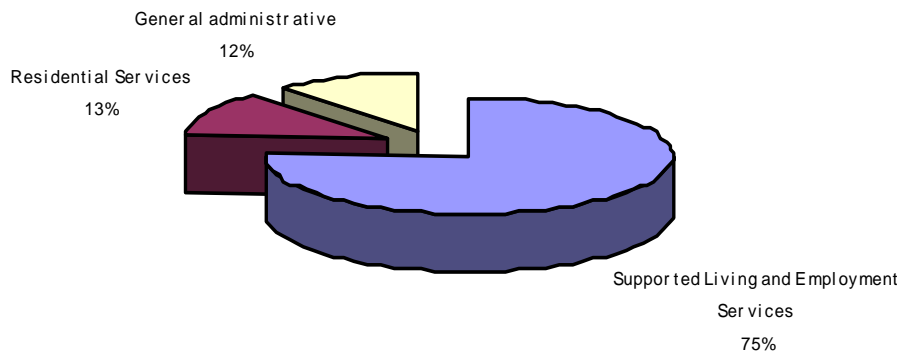
Holiday Party

The annual Holiday Party gives our customers, families, and staff another opportunity to spread cheer while feasting on great food and exchanging gifts.

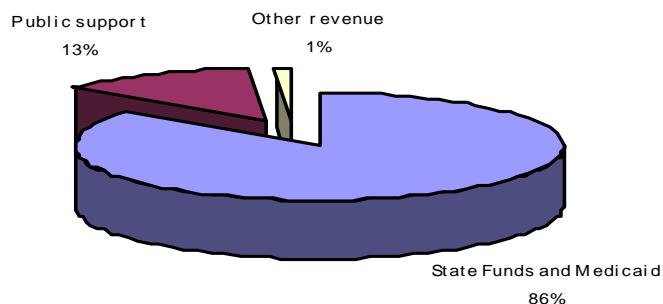
Options' Growth and Funding

Revenues	2006	2007
State Funds and Medicaid	\$ 6,190,516.00	\$ 6,629,231.00
Public support	\$ 356,073.00	\$ 1,024,742.00
Other revenue	\$ 73,246.00	\$ 85,722.00
	\$ 6,619,835.00	\$ 7,739,695.00
Expenses		
Supported Living and Employment Services	\$ 4,759,906.00	\$ 5,303,009.00
Residential Services	\$ 806,374.00	\$ 873,439.00
General administrative	\$ 694,556.00	\$ 806,406.00
Total Expense	\$ 6,260,836.00	\$ 6,982,854.00
Net Income (Loss)	\$ 358,999.00	\$ 756,841.00

Expenses by Area

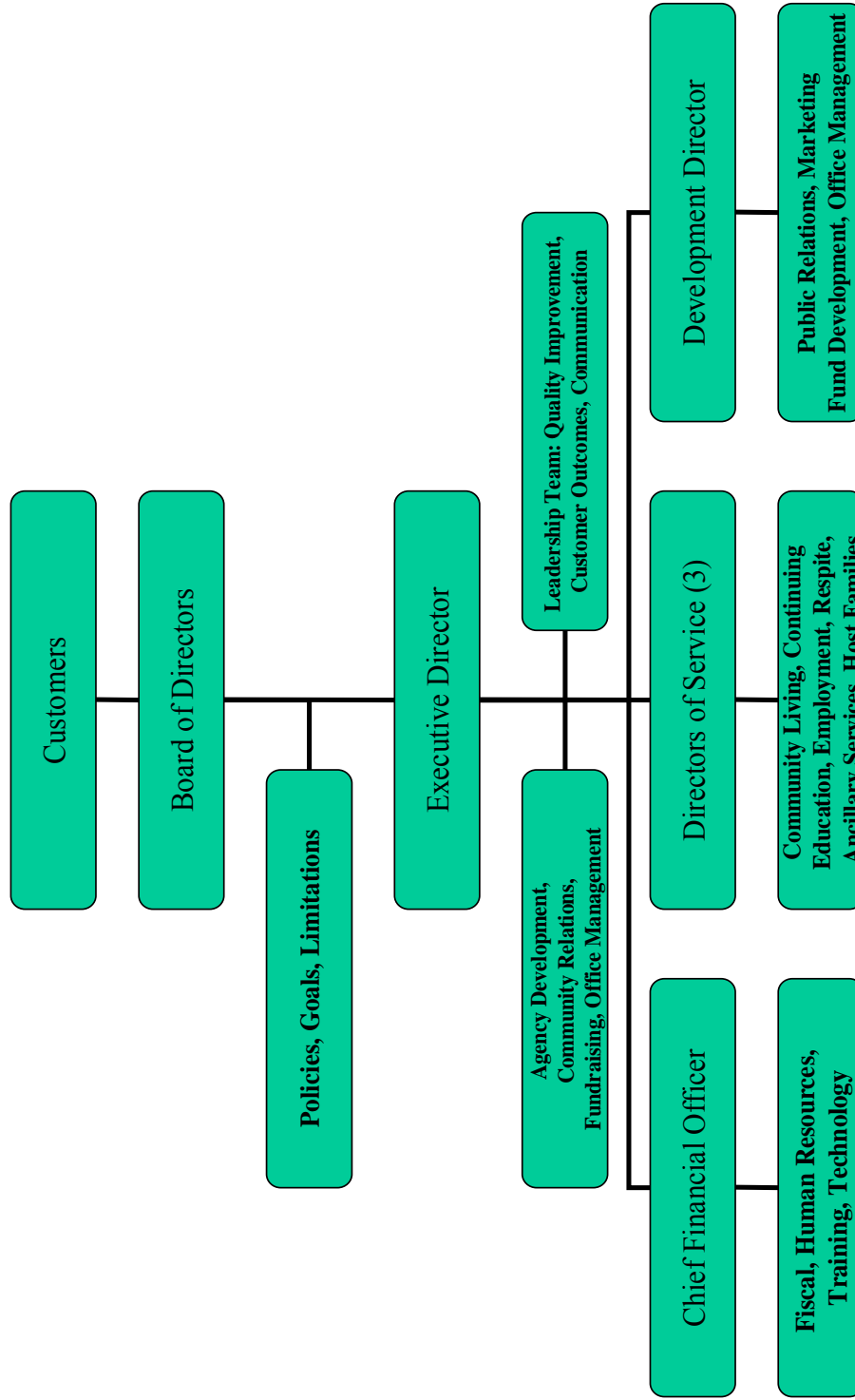


2007 Revenues



Options' Organizational Structure

Agency Organization: Overall Functions

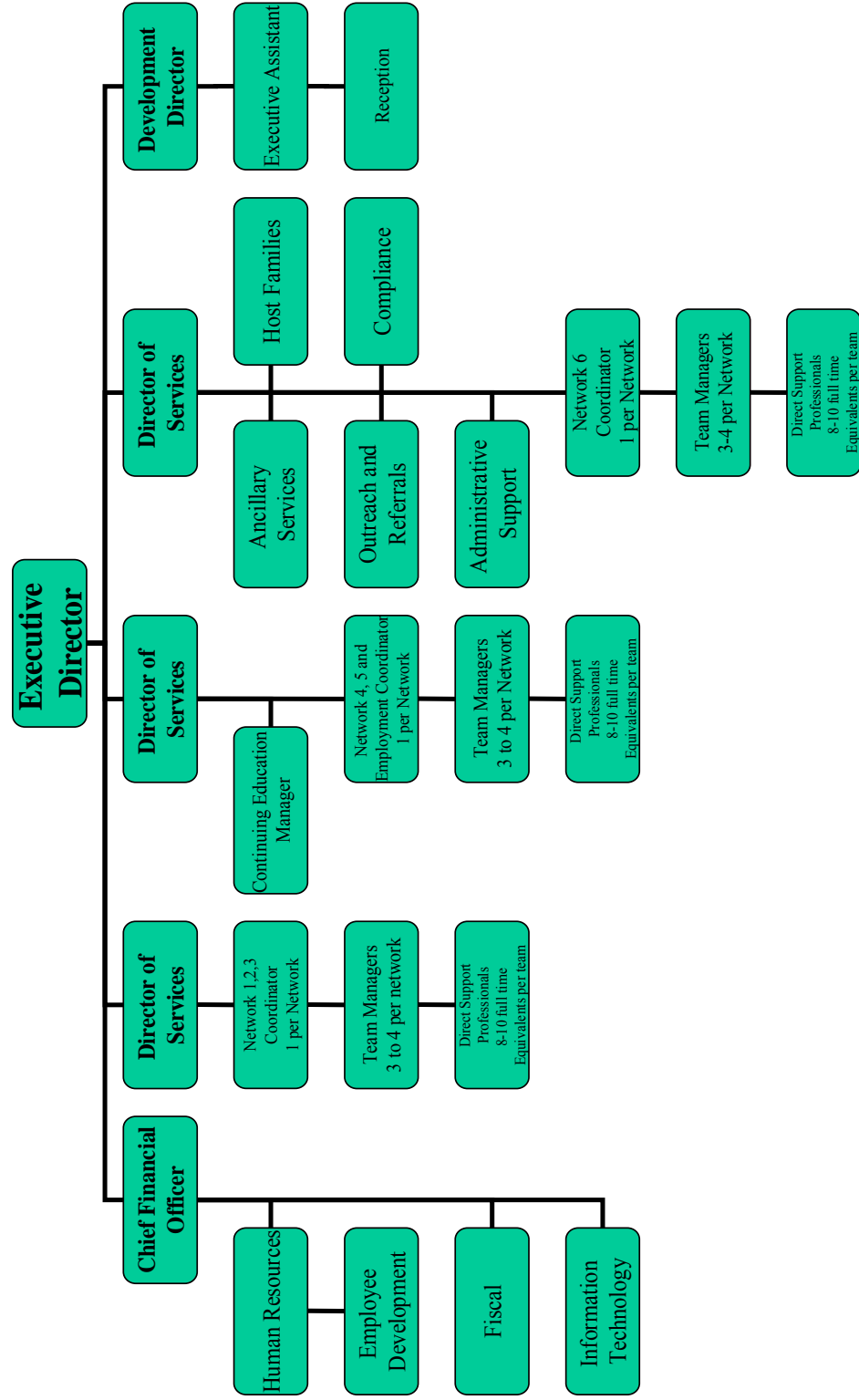


3/2/2008

Chart indicates supervision lines
not position within compensation schedule

Options' Organizational Structure

Agency Organization: Major Functions



3/2/2008

Chart indicates supervision lines
not position within compensation schedule

Fast Facts...

Options for Better Living

- ▶ There are 14,745 people with disabilities living in Monroe County. According to the U.S. Census (July 2005), one in 26 families have a child with a disability.
- ▶ Sixty-six percent of people with disabilities who want to work are not working (Harris Poll, 2004).
- ▶ Forty-five percent of mothers with an infant with a disability cannot return to work due to lack of child care.
- ▶ Families raising children with disabilities are more likely to live in poverty (U.S. Census, 2005).
- ▶ There are more children in need of service than ever before. For example, the incidence of autism has risen from one in 10,000 people to one in 166 people (*Time Magazine*).
- ▶ Families with children who have disabilities have higher divorce rates, lower incomes and a higher incidence of emotional difficulties.

Fast Facts (cont.)...

Options for Better Living

- ▶ Options is a non-profit organization that provides customized services to people with a variety of disabilities. Options provides quality group living, supported living, supported employment, and behavior management so that people with disabilities can live, work, and have fun in their communities.
- ▶ Options provides individualized support for independent living (from a few hours per week to 24 hours a day, seven days a week).
- ▶ Options is the largest and oldest provider of supported living services for people with disabilities in South Central Indiana. The agency serves approximately 250 adults and children in seven counties.
- ▶ Options is accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) for employment and community participation services, and is a member of INARF, an agency that advocates for organizations that serve people with disabilities.
- ▶ Options is a customer-driven organization, with a Board of Directors comprised of both customers and community members.
- ▶ Nine out of every ten dollars donated to Options goes directly to customer services.

Press Release

FOR IMMEDIATE RELEASE

Contact: Susan Rinne, Executive Director, Options for Better Living,
(800) 875-9615, srinne@optionsfbl.com.

OPTIONS FOR BETTER LIVING ADDS LEAP PROGRAM

AGENCY ADDS MORE SERVICES TO SUPPORT PEOPLE WITH DISABILITIES

BLOOMINGTON, IND.--Options for Better Living (Options) made a firm commitment to its provision of group habilitation services today, according to agency officials.

The newest addition to Options' services is the Life Enrichment Activities & Participation (LEAP) Service, a group community-based habilitation service that will provide people with disabilities opportunities for choice, opportunities for community presence, and opportunities to develop friendships. The agency's members believe the program will supplement other services in which Options customers participate, such as Supported Employment, Group Living, Respite, or Community Living.

The LEAP Service will offer daily activities including cooking, swimming, music, touring, walking, arts and crafts, movies, going to lunch, health and safety, computers, and more.

Options for Better Living was established in 1982 to provide services to individuals with disabilities and their communities to bring about self-directed and fulfilled lives. For more information about Options, or to find out how you can help, visit www.optionsfbl.com, or call (800) 875-9615.

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Feature Story

FINDING OPTIONS

BEDFORD MAN FINDS OPTIONS FOR A NEW BEGINNING

Contact: Susan Rinne, Executive Director, Options for Better Living,
(800) 875-9615, srinne@optionsfbl.com.

BEDFORD, IND.--Growing up with eight other siblings can be hectic but fun. Just ask David Knight, who was born into a big, Orange County family in 1949. David enjoyed living with his family, but at age 18, his life changed dramatically.

David was having trouble with a number of daily activities due to emotional and learning disabilities, and in the late 1960s, few services were available so that he could stay in his community. In 1967, David moved to Madison State Hospital to gain access to needed services and supports. For 36 years, he lived at the hospital, rarely seeing his family or friends. At the hospital, nothing was safe. David recalls taking great care of his belongings--even his food. In 2003, Indiana began downsizing its hospital facilities and asked residents who wanted a more independent life to try moving back into the community. Again faced with change, David began his partnership with Options for Better Living (Options).

Options' staff first met David in 2003 when he and his family asked Options to help David move into a supported living environment. David took the opportunity to move to Bedford. He chose the community because it was close to his

Feature Story (cont.)

family, but larger than his hometown of French Lick, which would offer more for him to do.

For the first year in his new community, David learned what it was like to go grocery shopping, buy his own clothes, and be in his *own* home. At 54 years old, David's life was just beginning. It took what seemed like forever before he stopped asking staff members if he could use his own bathroom. His staff just kept saying, "David, you can use it anytime you want. You don't have to ask."

Two years later, David leads an active life filled with volunteering, taking care of his home, and looking for permanent employment. He has volunteered to clean at Charity Chapel, sort clothes at Salvation Army, and clean at Oakland City University. David likes the cleaning jobs best--some would say he's a man after their own hearts! He enjoys reading the Bible, making beaded crafts, taking trips, wearing western clothes, and visiting his family. Last year, David went on vacation to Terre Haute--a place he has always wanted to go. While he was there, he took a tour of the city and purchased some new clothes. Recently, he volunteered to be a member of Options' Leadership Team, so he can help other customers and staff make Options even better. Now, every day is a new beginning in David's life, and with Options at his service, he is destined to make the most of it.

David Knight truly enjoys the simple things--big families, volunteering, and being on his own. Sound like anyone you know? For more information about Options, or to learn how you can help, visit www.optionsfbl.com, or call (800) 875-9615.

Options in Print...

As professional communicators, you are in a unique position to shape the public image of people with disabilities. The words and images you use can create either a straightforward, positive view of people with disabilities or an insensitive portrayal that reinforces common myths and is a form of discrimination. Please consider the following when writing about people with disabilities:

DO NOT FOCUS ON DISABILITY unless it is crucial to a story. Focus instead on issues that affect the quality of life for those same individuals, such as accessible transportation, housing, affordable health care, employment opportunities, and discrimination.

DO NOT PORTRAY SUCCESSFUL PEOPLE WITH DISABILITIES (AND THEIR FAMILIES) AS HEROES. Even though the public may admire superachievers, portraying people with disabilities as superstars raises false expectations that all people with disabilities should achieve this level.

DO NOT SENSATIONALIZE A DISABILITY by saying afflicted with, crippled with, suffers from, victim of, and so on. Instead, say person who has autism rather than autistic. Do not say brain damaged, say a person with a brain injury.

DO NOT USE GENERIC LABELS for disability groups, such as "the retarded," "the deaf." Emphasize people, not labels. Say people with mental retardation or people who are deaf.

PUT PEOPLE FIRST, not their disability. Say woman with arthritis, children who are deaf, people with disabilities. This puts the focus on the individual, not the particular functional limitation. Crippled, deformed, suffers from, victim of, the retarded, infirmed, the deaf and dumb, and etcetera are never acceptable under any circumstances. Also, do not use nouns to describe people, such as epileptic, diabetic, and etcetera.

EMPHASIZE ABILITIES, not limitations. For example: uses a wheelchair/braces, walks with crutches, rather than confined to a wheelchair, wheelchair-bound, differently-abled, birth difference, or crippled. Similarly, do not use emotional descriptors such as unfortunate, pitiful, and so forth.

DO NOT USE CONDESCENDING EUPHEMISMS. Disability groups strongly object to using euphemisms to describe disabilities. Terms such as handicapable, mentally different, physically inconvenienced, and physically challenged are considered condescending. They reinforce the idea that disabilities cannot be dealt with up front.

DO NOT IMPLY DISEASE when discussing disabilities that result from a prior disease episode. People who had polio and experienced after effects have post-polio syndrome. Do not imply disease with people whose disability has resulted from anatomical or physiological damage (e.g., person with spina bifida or cerebral palsy). Reference to disease associated with a disability is acceptable only with chronic diseases, such as arthritis, Parkinson's disease, or multiple sclerosis. People with disabilities should never be referred to as patients or cases unless their relationship with their doctor is under discussion.

SHOW PEOPLE WITH DISABILITIES AS ACTIVE participants of society. Portraying persons with disabilities interacting with nondisabled people in social and work environments helps break down barriers and open lines of communications.

This information was taken from <http://www.lsi.ku.edu/lsi/internal/guidelines.html#Portrayal>. Please visit this site to learn more about "People First Language."