

Options Online learning

Jennifer Howlett

2010



This profile is a collection of the local community resources that could be of interest to customers at Options and DSPs who assist them. The resources are also about all kinds of organizations, activities, events, persons and place.

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Options Online learning

Animals

Arts and Entertainment

Education/Library/Training/Learning

Health/Therapy/Healing

Housing/Homeless/Food

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Job/Career

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Animals

The humane society

<http://www.whiteriverhumanesociety.com/>

The humane society is a good source of interest because it would give the customer a sense of accomplishment when helping take care of the animals it is good community service and it is also a way meeting new people they have stuff for everyone to help do no matter what your disability.

Monroe County Humaine society

www.monroehumane.org

This link is for the Monroe County Humaine society. There are great volunteer opportunities here, as well as it is a fun activity to do someday. Getting involved in the Humaine society is a great activity that could help control the pet population.

PALS

www.palstherapy.org

PALS offers therapeutic and recreational horseback riding to members of the community. It is a great program that encourages independence and self confidence.

Human Society

www.whiteriverhumanesociety.com

This site provides information on the society's mission, and focuses on their stance toward puppy mills in Lawrence County. It also contains a section on volunteering, which I thought might be good for an animal lover capable of these tasks:

Cleaning kennels

Walking Dogs

Bathing Dogs

Socializing Dogs

Exotic Feline Rescue Center

<http://www.exoticfelinecenter.org/home.html>

The Exotic Feline Rescue Center is a rescue organization and non-profit that takes in exotic lions and tigers who have been abused, injured, neglected, and ultimately unwanted. They are beautiful and majestic and amazing to look at. The rescue center gives tours and provides volunteer opportunities.

Animal Shelter

Animalshelter.com

For customers that love animals they could go to the local animal shelter here in town and do some volunteer work. Or even if they just wanted something new to do for fun they could go as well.

Bloomington's Animal Care & Control

<http://bloomington.in.gov/animalshelter>

Bloomington's Animal Care & Control is a great way for customers of Options and their DSPs to spend time with animals as well as give back to the community. The shelter offers volunteer positions from walking dogs, playing with cats, to doing other miscellaneous jobs such as doing laundry. If it is just a visit to play with a cat or dog, the shelter encourages people to come and play for the health of the animals as well as the therapy it offers people.

Mesker Park

<http://www.meskerparkzoo.com/>

I have attached a link to one of my favorite places to go whether it be the Evansville Zoo, or any other zoo in or around Indiana. Some of the most memorable activities and learning experiences that I have ever had is going to the zoo. It is fun and relaxing, and I have been to many different zoos around the country, and even around the world. It is one thing to watch a nature show on TV, or to look at pictures, but it is another experience to get to see the animals, informational, and exhibits. You also get to see animals up close to see their nature, reactions, sounds, and smells. I think that visiting a zoo is an opportunity that everyone should have, and you are able to get out, and definitely interacts with the public, and family and friends.

Indianapolis Zoo

www.indy.gov/zoo

Having the opportunity to go to the zoo.

People and Animal Learning Services (PALS)

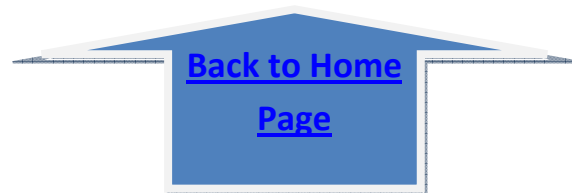
palstherapy.org

I volunteer at a really great organization called People and Animal Learning Services (PALS) where they provide therapeutic horseback riding for children and adults with all sorts of disabilities. Its really fun and all the people are great!!!! Their website is palstherapy.org

Younger Farms

www.youngsfarms.com

A fun day would be to go horseback riding. There is a place in Lebanon that is called Youngs Farms. They have everything from walks around the corral to all day rides.



Arts and Entertainment

Matt McGloclin

waldronart.com

You can learn pottery, painting, clay, firing, throwing, and it's got a super cool art museum. You can also get some of it payed for by Options activity fund, to help your client out. The guy how makes pots is very disabled friendly and does give extra help to clients. I took a client there three years in a row. Also there a stained glass class here in town they moved but there still here, had clients make things there had no problems. Only risk is getting cut by glass, my two clients never did, have fun.

Great cook sight slenda.com!

Buskirk-Chumley theatre

<http://www.buskirkchumley.org/>

This is the website for the Buskirk-Chumley theatre. This is a great resource within the community for individuals to go do something new and see something great for a relatively low cost.

IU

www.iub.edu

Well since a lot of posts have been made and there are limited resources in town (as I'm not from Bloomington) I would have to say that IU has a lot of various opportunities for individuals to get involved. They have an art museum that is very interesting, a theatre that plays various operas, ballets, and musicals, and various other art and performance related activities. It seems that IU has something going on all the time and there would be something for everyone at almost any given time. Not to mention all the sports and recreational things that an individual could be apart of or watch.

The Monroe County Civic Theater

<http://www.mcct.org/>

The Monroe County Civic Theater this could open a new world of expression for someone that might want to watch or be in a show there are a lot of fun people to be around. aah the smell of the grease paint the roar of the crowd.... applause please!!!!

IU Auditorium

<http://www.iuauditorium.com/new0809/index.html>

The IU auditorium would provide customers and DSP's with lots of different activities. If a customer liked music there are always concerts and musicals they could attend. They also have comedians and other public figure speak very often. The IU auditorium would be a fun activity for both customers and DSP's.

www.bloomingtonwebguide.com

This site lists different clubs and their websites. They list the Boys and Girls club, Girls INC., Monroe County Humane Society. Hilltop Gardens and Nature Center, Wonderlab, Monroe County Historical Society.

Hilltop Gardens and Nature Center lets customers from Stone Belt's workshop go there for classes.....basically they learn to plant, take care of the plants from when they first break dirt and nurture the plants until they are big enough to take home. It's a different type of entertainment but it also teaches everyone how to plant, nurture and then see the fruits of their labor.

The John Waldron Arts Center

www.artlives.org

The John Waldron Arts Center is a place for people to go to see concerts, plays, etc and individuals in the community can get involved. They promote public participation in the arts and promote cultural resources. Their website is www.artlives.org. The Auditorium in the building not only is able to hold plays and other performances but holds other events as well. For example they hold weddings and workshops as well. This is a great resource for anyone with or without disabilities to get involved in. People can fulfill their interests; learn more about the arts, and also feel a sense of accomplishment. (Not sure how to make a link.) They are on facebook in addition to their own website.

Down Town Bloomington

<http://www.downtownbloomington.com/index.php?page=Events>

This is a calendar of upcoming events happening in the downtown area. It lists the farmer's market, concerts, and Indiana University related sporting events and much much more. This is an awesome resource to utilize because it allows consumers and staff to plan activities in advance. It lists dates and times as well.

The Ryder

<http://theyryder.com/magazine/>

The Ryder is a local Bloomington magazine and website. It has a lot of information about what's going on in our community, including a list of movie showtimes and showplaces in the Ryder Film Series. The Ryder Film Series has a lot of different kinds of films, such as fun Hollywood movies as well as interesting documentary style films.

The Olivet Nazarene University Concert Band

<http://www.owencounty.org/index.html>

February 15 - The Olivet Nazarene University Concert Band, from Bourbonnais, Illinois, will present a concert of sacred music at 7 p.m. at Owen Valley Middle School Cafetorium. Admission is free and everyone is welcome.

yaindy.org

With all the research that's being done out there on music therapy, and the Mozart effect, and how beneficial music is to everyone (with or without a disability), it is nice to know that there is an organization out there with the mission of encouraging young people to go to musical events and get interested in the musical arts! This organization is geared toward musical education for the young community at large, and seems like it would be a great resource for a young person with a disability, especially with the decreased funding for public music education these days.

BOTMDG

<http://www.bloomington.in.us/~botmdg/>

This website is dedicated to the enjoyment of music and dance, BOTMDG is a nonprofit community organization in Bloomington, Indiana. So if someone likes music or to dance then this website is for you!

Bloomington Area Arts Council

This resource lists many activities related to the arts. It lists them in a convenient calendar form so that you can select a date and find out what is going on in Bloomington that day. Bloomington has so many artistic resources and this web site helps people find things of interest to them.

IU art museum

http://www.indiana.edu/~iuam/iuam_home.php

The IU art museum is a great place to visit; it is free entry and has floors of world famous art. It is perfect for a day trip for any interested in the arts.

The Bloomington Playwrights Project

newplays.org

The Bloomington Playwrights Project is a local theater that provides gallery space and puts on productions of local artists/actors. The venue could be a great way of experiencing the arts as well as being inspired to create your own artwork. The Playwrights Project also has volunteer opportunities that could provide the means of becoming involved in the community and meeting new and interesting people.

The web site I chose was the Bedford Little Theatre. You could be apart of the cast, by being backstage help or helping in the ticket counter and in doing so your admittance would be free. This also gives you the chance to introduce them to different cultures, people and be able to watch local people perform for the community.

Lotus Festival

<http://www.lotusfest.org/>

an art festival that occurs in Bloomington Indiana. Great event for a customer who has an interest in arts and crafts.

Indiana Public Media

<http://indianapublicmedia.org/arts/cinderella-rodgers-hammerstein/>

This is a website to the performing arts and media that happen here in Bedford. Right now BNL is putting on the play of Cinderella by Rodgers and Hammerstein. I have been three times already and it is absolutely wonderful. I think anyone would enjoy it.

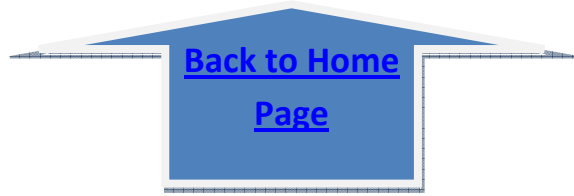
Indianapolis Children's Museum

One location a DSP could take a customer would be to the Indianapolis Children's Museum, it's fun, relatively inexpensive, and would be a great experience. Obviously we would have to discuss the miles used to travel, but its doable otherwise.

Art Museum at Indiana University

http://www.indiana.edu/~iuam/iuam_home.php

This site is for the art museum at Indiana University



Education/Library/Training/Learning

The Monroe County Public Library

<http://www.monroe.lib.in.us/>

The Monroe County Public Library could be of great interest to some DSPs and their customers. There is a wide variety of activities and resources that could suit just about anyone who might be interested!

Bloomington Web Guide

www.bloomingtonwebguide.com

This site lists different clubs and their websites. They list the Boys and Girls club, Girls INC., Monroe County Humane Society. Hilltop Gardens and Nature Center, Wonderlab, Monroe County Historical Society.

Hilltop Gardens and Nature Center lets customers from Stone Belt's workshop go there for classes.....basically they learn to plant, take care of the plants from when they first break dirt and nurture the plants until they are big enough to take home. It's a different type of entertainment but it also teaches everyone how to plant, nurture and then see the fruits of their labor.

Monroe County Community School Corporation

www.mccsc.edu/sped

This is the Monroe County Community School Corporation's website for Special Education. Here, customers and DSP's could look at what Monroe County schools offer in the way of Special Education. This would be very helpful for customers who are of school age and are interested in going to school.

IU Writing Tutorial Services

<http://www.indiana.edu/~wts/>

I think IU has a lot to offer students as well as people. They have a service called writing tutorial services that helps people with their writing skills and it lets the person get on campus and explore what campus is like and it allows them to talk with other students and people about their writing. Their address is:
<http://www.indiana.edu/~wts/>

Mother Hubbard's Cupboard

<http://www.mhcfoodpantry.org/>

Mother Hubbard's Cupboard is a food pantry whose mission is:

To provide healthful, wholesome food to people in need, as well as nutrition and gardening education and

To provide our services in ways that build community while enhancing the dignity, respect, and self-care of all involved.

Our Vision:

We envision a community in which everyone has equal access to nutritious food, waste is minimized, and all members are healthy, self-sufficient, and empowered to reach their full potential.

The Midwest Pages to Prisoners Project

<http://www.pagestoprisoners.org/>

The Midwest Pages to Prisoners Project is supported by Boxcar Books and receives letters from prisoners in the midwest asking for reading materials and other learning supplies while they are in prison. The Midwest Pages to Prisoners Project sends them books and letters for them to read while they are in prison. Customers may enjoy volunteering there and helping to package and mail books.

MCCSA for Adults

Another link is through the mcccsc for adults. They offer adult basic education (A.B.E.) classes on Tue and Thur from 12:30p-3p, at the broadview learning center. Everyone in class is working at his or her level. A really great program offered free of charge, during the school year.

I'm not from Bloomington, but Brown County has an organization called Creative Mentors (I'm a mentor in this program). It teaches kids (people) how to do all sorts of creative things from painting to pottery. One has a mentor they meet with on a weekly (usually) basis to work on their projects. At the end of the year, they get together and show their projects. It is an award winning program and very worthwhile.

The Wonderlab in Bloomington

www.wonderlab.org

WonderLab provides an informal setting for learning. Exhibits and activities relate to Indiana academic standards. It encourages an atmosphere of play. WonderLab's exhibits are designed for people to test

ideas, observe what happens, try something new, and observe what happens again. There are no right or wrong answers. The focus is on creativity and critical thinking.

On any given day, visitors may encounter Science on the Spot hands-on activities, take-home crafts, and demonstrations offered by dedicated volunteers. These activities build upon the educational content of exhibits to enrich and refresh the museum experience. The Wondergarten is a beautifully-landscaped green space beside the building where visitors may enjoy a respite from the bustle of downtown Bloomington. The garden includes an amphitheater for fascinating outdoor science programs.

yaindy.org

With all the research that's being done out there on music therapy, and the Mozart effect, and how beneficial music is to everyone (with or without a disability), it is nice to know that there is an organization out there with the mission of encouraging young people to go to musical events and get interested in the musical arts! This organization is geared toward musical education for the young community at large, and seems like it would be a great resource for a young person with a disability, especially with the decreased funding for public music education these days.

Boxcar books

<http://www.boxcarbooks.org/>

Boxcar Books is a bookstore and community center. It is a nonprofit organization. They have cartoons, books, magazines, and much more. Options customers and staff could use it as a place to read/entertain and also get involved in the community, as they send books to prisoners free of charge.

The Bedford Public Library

www.bedlib.org.

The Bedford Public Library is a great resource for people in Lawrence County. In addition to the main branch, residents who live in the northern part of the county may choose to visit the new Judah branch. They have many different programs and activities for children and adults, as well. They have everything from books to CDs and DVDs. There are also computers which patrons may use.

Owen County Public Library

<http://www.youseemore.com/owen/>

This is the link to the Owen County Public Library. This library has many things you can do with the community as well as alone. They have a large selection of books you can choose from as well as

activities you can do. This library is fun for people of all ages and can be a helpful place to go and have a fun learning experience.

Habitat for Humanity

Habitat for Humanity is a place where they could help build homes for people that don't have one. There is something for everyone to do regardless of different disabilities. They would also be learning new skills and they would be giving back to their community.

Insource

www.insource.org.

Insource is part of Indiana's unified training system. UTS is composed of state universities, teaching hospitals, and parent groups. Involved is the Indiana Parent Training program that is a federally funded parent-to-parent training and information project that began in 1980. Also involved is Collaborative Parent Involvement Project (CPIP). CPIP focuses on helping parents, educators and local communities work together to address a variety of challenges including transition, assistive technology and surrogate parent programs and preparing for transitions.

People's University

http://bloomington.in.gov/documents/viewDocument.php?document_id=531

This website is for People's University. It is a published guide with various classes and courses Bloomington community members can take. Some are very cheap (a few bucks) to higher amounts. The courses are for children, teens, and adults and range from anything from sports, to gardening, to nature hikes, to educational classes and self-help/nutrition classes. A lot is available throughout the year...every few months a new guide comes out.

www.learning.com

Public Library

<http://events.monroe.lib.in.us/evanced/lib0/eventcalendar.asp?ag=&et=Ellettsville+Adult+Program%2C+Ellettsville+Children%27s+Program%2C+Ellettsville+Teen+Program%2C+Main+Library+Adult+Programs%2C+Main+Library+Children%27s+Program%2C+Main+Library+Indiana+Room+Program%2C+Main+Library+Technology+Program%2C+Main+Library+Teen+Program%2C+Main+Library+VITAL+Program%2C+Other+Public+Event&dt=mo&df=calendar&cn=0&private=0&ln=0>

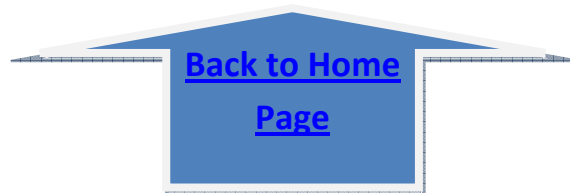
I would say that a great resource that Bloomington offers is the Library. They offer many activities for younger people and older people. Some of the things that they offer for younger people include homework help and story time. They also offer free tax help, which would be resourceful for someone

trying to do their own taxes. They offer crafts for people who like to do crafty things. A few other things they offer are help with Microsoft, story time, help with job search and resumes, and film serious. That is just to list a few things that they have on this month's calendar of events. The library offers something for just about any interest. My customer likes to read color and play with stickers, so we could take her on a craft day so she could do all three.

The Indiana Institute on Disability and Community
<http://www.iidc.indiana.edu/>

"The mission of the Indiana Institute on Disability and Community (IIDC) is to work with communities to welcome, value, and support the meaningful participation of people of all ages and abilities through research, education, and service.

The Institute collaborates with community agencies, schools, advocacy organizations, government, institutions of higher education, and other community partners to effect improvements in quality of life."



Health/Therapy/Healing

PALS

<http://www.palstherapy.org/>

"PALS is a nonprofit Equine Assisted Program providing therapeutic riding and hippotherapy services to children and adults with disabilities and at-risk youth."

PALS offers customized riding lessons for all types of individuals with all manner of abilities and skill levels.

The lessons last from 30 to 45 min depending on the students needs.

The humane society

<http://www.whiteriverhumanesociety.com/>

The humane society is a good source of interest because it would give the customer a sense of accomplishment when helping take care of the animals it is good community service and it is also a way meeting new people they have stuff for everyone to help do no matter what your disability.

www.palstherapy.org

PALS offers therapeutic and recreational horseback riding to members of the community. It is a great program that encourages independence and self confidence.

Website at <http://www.the-center.org/>

Contact by phone: (812)339-1691

Cornerstone, formerly the Center for Behavioral Health, opened in 1968, is a private, not-for-profit organization. The mission of the agency is to improve their customers' quality of life by providing demonstrably effective, efficient, and responsive behavioral healthcare. Specialized programs, for both children and adults, are available to treat a variety of disorders including depression, anxiety, drug and alcohol addiction, attention deficit and hyperactivity disorder, and severe and persistent mental illness.

Centerstone Indiana has been serving residents for over 50 years. Annually, our employees help over 15,000 individuals every year at 40 locations throughout South Central Indiana. They offer many different programs and services, and they can help you.

General Services

Customer Care Center and Crisis Call Center (24/7/365): 800-344-8802

Walk-In Crisis

Outpatient Counseling Services

Psychiatric Evaluations & Medication Management

Consultation and Evaluation Services

Specialized Programs and Services

Alcohol and Drug Treatment

Business Services

Vocational Services

Case Management Services

Child and Family Services

Group Therapy

Residential Services

Catholic Social Services: Provides Non-sectarian, therapeutic counseling services.
www.bloomington.in.us/~css/index.html

Center for Behavioral Health

<http://www.centerforbehavioralhealth.com/>

Although the information is not available on-line, Center for Behavioral Health has a free event called Family Support Night. The event takes place once to twice a month at the local Center for Behavioral Health office. It is an event where families in the community can come and meet other families in the community, etc. Food is provided and activities involve movies, etc. This not only gives parents a chance to socialize and establish relationships with others in the community, but it also gives children the opportunity to interact with other adults and children.

PALS Therapy

www.palstherapy.org

While this non-profit organization does have programs specifically for people with disabilities, they also offer recreational riding lessons which provides an opportunity for a variety of community members with a common interest in riding to meet.

Volunteers in Medicine

<http://www.vimmonroecounty.org/>

The purpose of Volunteers in Medicine is stated in its mission statement, which says, "In cooperation with others in the community, Volunteers in Medicine provides the following services without cost to the medically underserved in Monroe and Owen Counties:

Easily accessible, quality primary and preventive healthcare

Treatment for both acute and chronic conditions

Health education that empowers individuals to take responsibility for their own well being."

This would be a great place to take customers for volunteer opportunities as a way to give back to the community.

Centerstone

<http://centerstone.org/>

Centerstone is an organization that assists people with behavioral problems. They work with people who are dealing with psychological problems and also assist people with chemical dependency problems. They offer day treatment programs and also operate recovery houses and group homes. They serve a large area, with clients from all parts of the state.

VA

VA offers anyone that was in the services or there dependants medical or may even be able to collect monthly payments, they offer rides to and from va medical center in Indianapolis, they have a local walk in clinic in Bloomington, there is a check in procedure and can be done by calling your local va rep.

<http://mpri.org/experience/btowncommunity.php>

This website is set up for people that utilize hospitals and doctors in the Bloomington area. However, it has a list of links to activities for families, general shopping and dining information, outdoor activities and cultural events.

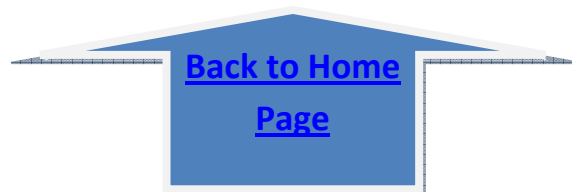
The NAMI

www.nami.org

NAMI provides grass roots advocacy for those individuals struggling with a mental illness. I believe that this is especially important in these times, when people with mental illness are often disparaged and victimized by discrimination. The website offers opportunities for volunteers as well as contact information for local representatives, and information regarding legislation affecting those with mental illness and their families.

Btown Caps

Btown Caps for Cancer is a group of all ages knitters, sewers, and crafters that make hats for cancer patients. We don't have a website up yet but you can find us on facebook. It's a great group and you can either work at home and donate your contributions, or come to our bi-weekly meetings. We also have occasional social meetings at local bars where we can craft and chat.



Housing/Homeless/Food

Area 10

<http://www.area10agency.org/>

This corporation helps people 50 or older to find housing in the community. It also provides health and Nutrition Services. This site also provides information on employment and transportation. I think this is a great website it helps many people over 50 to meet their needs and still allows them to be a part of their community.

South central community action program

This is a great place to go if you need help with your utility bill or help making your house more energy efficient. It's a place that helps get you info on getting a house or even helping you save for a house.

Mother Hubbard's Cupboard

www.mhcfoodpantry.org

Mother Hubbard's Cupboard is a publicly available service tied to the Monroe County Food Bank. Free quality food, much of it local, is available to anyone in town, in quantities varying by household size. The organization is volunteer-run and is always in need of both volunteers and users (it only receives funding according to its use).

BHA

339-3491

Bloomington Housing Authorities: Offers Voucher programs for section 8 qualifying people to buy a house as well as assist with housing needs.

Backstreet Missions Thrift Store: offers used clothing, furniture and appliances to be purchased at reasonable prices. 961-3903

Monroe Community Kitchen

monroecommunitykitchen.com

Monroe Community Kitchen is a great way to get involved in the community. Meal serving or preparation are very rewarding, and everyone who works and volunteers there is very friendly and helpful. Their website is monroecommunitykitchen.com. Volunteer shifts are only three hours at a time, so they easily fit in with busy schedules and are a very fun time.

Habitat for Humanity

Habitat for Humanity is a place where they could help build homes for people that don't have one. There is something for everyone to do regardless of different disabilities. They would also be learning new skills and they would be giving back to their community.

Shalom Community

<http://shalomcommunitycenter.org/>

The Shalom Community Center is a safe, daytime resource center for people experiencing homelessness and poverty. They help people of all kinds to find jobs, homes, and food. They serve breakfast, and lunch free of charge, and you can shower there, wash clothes, or just hang out and have a coffee. Sounds like a great place, and great group of people!

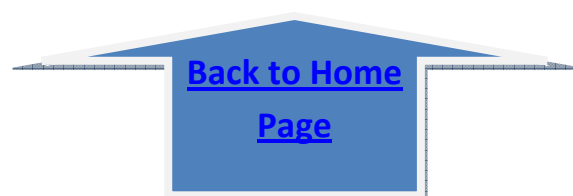
Green Dove

www.greendove.netcommunityfood.htm

Is a website that lists wonderful places to dine and nutrition facts for the local area. Consumers could use this site for some new dining experiences/food tasting and fun activities.

www.habitat.org

This would be a great way to get someone out there who likes to work with their hands. It gives them the opportunity to see the inner workings of how a house is made. Also, they can be presented with the idea of what it's like for them to reach out to their community and volunteer.



Information/Our Community/Local Organizations/Local Events

City of Bloomington

<http://bloomington.in.gov>

This is a place where Programs and Services for People with disabilities developed from City of Bloomington Parks and Recreation Department could be accessed.

Bloomington Farmers market

<http://bloomington.in.gov/farmersmarket>

The Bloomington Farmers market is a great way to meet local businesses in order to network and provides a great opportunity for social interaction in the community.

www.i-neighbors.org is an interactive way to learn about people and events in your neighborhood.

Bloomington Parks and Recreation

<http://bloomington.in.gov/parks/>

This is the website for Bloomington Parks and Recreation. They have a lot of great activities for everyone from small children to adults, including preschool learning classes, sports, and outdoor activities. The large variety of activities makes it possible to find something for just about anyone.

The first place that stands out to me would have to be Rhino's all ages Club

www.rhinosyouthcenter.org/club/

Rhino's is an all ages music venue that operates through Bloomington parks and recreation that aside from providing affordable all ages shows also offers a lot of programs for teens in the community. A couple of these include Youth Radio which is a teen based radio program produced and aired on WFHB (a local radio station) and Youth Video, which is a teen based video project that gets air time on WTIU (a local TV station). These programs are also free and give teens and young adults a positive and constructive place to have an influence on the community they live in.

The second place would have to be Bloomington Parks and recreation

www.cityblm.org

This website provides a wide variety of links and guides to things that are happening in the community including class's, shows, plays, and events of all sorts.

www.optionsfbl.com

Here you can learn about what options is all about, and get any resource information that you want.

www.monroecountymmca.org

The YMCA is a great organization to get involved in. They have many activities there and it is a place that everyone and their families would enjoy.

Bloomington Web Guide

www.bloomingtonwebguide.com

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Hilltop Gardens and Nature Center lets customers from Stone Belt's workshop go there for classes.....basically they learn to plant, take care of the plants from when they first break dirt and nurture the plants until they are big enough to take home. It's a different type of entertainment but it also teaches everyone how to plant, nurture and then see the fruits of their labor.

National Center on Accessibility

www.ncaonline.org

This is a link to the National Center on Accessibility (NCA) website. NCA is a center within Indiana University. They are national experts on physical and programmatic accessibility for people with disabilities. Their main focus is recreation related agencies and they work extensively with the National Park Service. They provide a technical assistance service and are great at answering technical questions about ADA law.

The Community Bike Project

<http://www.bloomington.in.us/~bikeproj/>

The Community Bike Project is a Bloomington-based organization that focuses on providing bike transportation to the people of the city. They focus on teaching bicycle maintenance in order to ensure that bikes on the streets stay on the streets.

They have workshops and classes and also have a program where if you volunteer your time to them you can earn a bike.

Bloomington Parks and Rec

http://www.cityblm.org/department.asp?dep_id=2757&menuid=2799

Bloomington Parks and Rec has an inclusive approach to recreation. Inclusion is individuals with and without disabilities participating in recreation activities together. In order for individuals with disabilities to participate as fully as possible, reasonable accommodations are provided. Reasonable accommodations are individualized techniques and resources used to enhance program participation without fundamentally altering a program. Inclusion makes it possible for individuals to choose from the vast array of programs offered by City of Bloomington Parks and Recreation.

Mother Hubbard's Cupboard

<http://www.mhcfoodpantry.org/>

Mother Hubbard's Cupboard is a food pantry whose mission is:

To provide healthful, wholesome food to people in need, as well as nutrition and gardening education and

To provide our services in ways that build community while enhancing the dignity, respect, and self-care of all involved.

Our Vision:

We envision a community in which everyone has equal access to nutritious food, waste is minimized, and all members are healthy, self-sufficient, and empowered to reach their full potential.

<http://bloomington.in.gov/parks/>

This is a link to all the parks in Bloomington and some of the activities and community gatherings they have.

Down Town Bloomington

<http://www.downtownbloomington.com/index.php?page=Events>

This is a calendar of upcoming events happening in the downtown area. It lists the farmer's market, concerts, and Indiana University related sporting events and much much more. This is an awesome resource to utilize because it allows consumers and staff to plan activities in advance. It lists dates and times as well.

Car

oldcarsonly.com

www.carsbackthen.com

There is a website for car enthusiasts at oldcarsonly.com . Also at www.carsbackthen.com, awesome pictures of all makes and models, really neat car show.

Mother Hubbard's Cupboard

www.mhcfoodpantry.org

Mother Hubbard's Cupboard is a publicly available service tied to the Monroe County Food Bank. Free quality food, much of it local, is available to anyone in town, in quantities varying by household size. The organization is volunteer-run and is always in need of both volunteers and users (it only receives funding according to its use).

Boxcar Books

www.boxcarbooks.org

Boxcar Books is an all-volunteer run community bookstore, information shop, and community space. It often partners with Direct Support agencies to provide volunteer positions to folks with disabilities, and regularly has events, benefits, and involvement in the larger community. It also hosts weekly operations of the Midwest Pages to Prisoners project, which always needs volunteers to help organize and pack books requested by incarcerated individuals seeking education, entertainment, and enlightenment.

Community Justice and Mediation office

cjam@bloomington.in.us

A good place in Bloomington could be the Community Justice and Mediation office downtown at the square. Though they do not have a website up (to my knowledge), they can be contacted at cjam@bloomington.in.us. It is an organization run by volunteers that is an alternative option to the court system. Instead of settling conflicts in court, victims/offenders can choose to mediate and talk about the issue at hand and come to (hopefully) an understanding and agreement over the conflict at hand. There is always office work that needs to be done so volunteering there should not be an issue at all. Plus, you are participating in helping to keep Bloomington's community strong!

Pages to Prisoners

<http://www.pagestoprisoners.org/>

The Midwest Pages to Prisoners is a project that collects books to be donated to prisons for incarcerated individuals. They operate in conjunction with Boxcar Books, a local nonprofit bookstore. Pages to Prisoners is always in need of volunteers, yielding an opportunity for both customers and DSP's to help out. Also, the bookstore itself is fantastic and a great place for any person to visit.

Bedford Online

www.bedfordonline.com/content/view/21/40/

This site gives you information on the Bedford, Indiana area, things that are happening in Bedford, with activities and places to go. It lists the names, addresses & phone numbers for these activities with calendar & organizations to contact.

The Bloomington and Monroe County Parks and Recreation Program

www.cityblm.org/department.

The Bloomington and Monroe County Parks and Recreation Program has many great activities with small group activities of all types interest such as concerts, sports, dancing, farmer's market, Peoples Learning Classes including photography, scuba diving and so forth.

PALS Therapy

www.palstherapy.org

While this non-profit organization does have programs specifically for people with disabilities, they also offer recreational riding lessons which provides an opportunity for a variety of community members with a common interest in riding to meet.

City of Bloomington website

http://bloomington.in.gov/sections/viewSection.php?section_id=5.

This is the link to the City of Bloomington website. When looking under the community tab there is a list of upcoming events and celebrations that the DSP and the customer can enjoy. For instance one was a music festival at a park here in Bloomington. The DSP and the customer can enjoy music, being outside, and also this could be a way to meet new people and build relationships.

Visit Bloomington

<http://www.visitbloomington.com/calendar/>

This is a website that has a calendar of events that are coming up in the Bloomington community. It is pretty comprehensive and incorporates other websites with their events and activities. There is a wide range of events from the Monroe County Fair to plays. This is a great way to encourage individuals to experience the community.

Hoosier National Forest

<http://www.fs.fed.us/r9/hoosier/>

This is a link to the Hoosier National Forest. It lists all kinds of information such as: employment opportunities, events coming up, volunteer opportunities, and partnerships. There are events for people of all ages including a nature adventure.

The Bloomington Playwrights Project

newplays.org

The Bloomington Playwrights Project is a local theater that provides gallery space and puts on productions of local artists/actors. The venue could be a great way of experiencing the arts as well as being inspired to create your own artwork. The Playwrights Project also has volunteer opportunities that could provide the means of becoming involved in the community and meeting new and interesting people.

www.bedfordonline.com has an event calendar listing everything that's going on each month so you can plan ahead and have time to get everything ready for a fun day.

www.npamc.org

The non-profit alliance of Monroe county send out an e-mail newsletter every week or so. Within the circular there are employment/volunteer opportunities and other events within the community.

www.cityblm.org is a website that you can volunteer for different things

bloomingtonmn.usn.myareaguide.com/events.html is where you can go to find events that is taking place

Herald Times

www.HeraldTimes.com

The local Bloomington newspaper website. The website contains several resources available for every demographic. The newspaper and site contains a classified section with several job openings. The website and newspaper also has sections pertaining to a number of activities that Bloomington has to offer and a dense section featuring current events.

heraltimesonline.com

This is a good resource to use when wanting to start the process of searching for other sources of care. Google.com is also a good source.

www.larcemploymentservices.com

An organization that would help or apply to the customers of options for the customers in Bedford we also has the LARC. They help people with developmental disabilities also.

Indiana State

www.in.gov

This website has various sources of information, including continuing education program, state park information, and other things involved with the state of Indiana.

<http://mpri.org/experience/btowncommunity.php>

This website is set up for people that utilize hospitals and doctors in the Bloomington area. However, it has a list of links to activities for families, general shopping and dining information, outdoor activities and cultural events.

Lotus Festival

<http://www.lotusfest.org/>

an art festival that occurs in Bloomington Indiana. Great event for a customer who has an interest in arts and crafts.

<http://www.weekofchocolate.com/>

Options sponsors the week of chocolate every year and there are lots of activities that everyone can participate in

<http://www.whcc105.com/>

Radio stations often have community calendars with local events that people can participate in

www.sorce.org.

Meetup site

www.meetup.com

This is a great resource for anyone looking to meet others interested in the same activity. You can search for local meetup groups, join the meetup site, and receive notifications about upcoming events. You can also post on the forums for a particular group as another way to find information about events.

In Martinsville, there is a fair coming in the summer. There's plenty of games, animals, rides, and good food. Plus a large part of the community comes there.

Bloomington has bingo every week it would help get the customers into the community to meet new people and also learn..

Bradwood

<http://www.iu.edu/bradwood/index.htm>

Bradford Woods is a 2500 acre piece of land in southern Indiana with a verity of programs and facilities and can host a number of different events.

There are many opportunities in Bloomington for customers to be out and get involved. There are plays in the park on 4th street, and concerts that are great to be outside and actively involving them in Bloomington's events. Every summer there is the lotus events as well that are music and dancing performances, as well as art and informational.

Clear Creek Christian Church

<http://www.clearcreekchurch.com>

Bloomington is filled with churches and where else should people with disabilities feel comfortable if not in a church. I attend Clear Creek Christian Church and their website is <http://www.clearcreekchurch.com> There are always volunteer activities, social events, helping with children and teens that occur outside of

the walls of the building for anyone who is willing to lend a hand. For customers to feel that they are needed and are helping others, can help them become more confident and helpful.

Covered Bridge Festival

<http://www.coveredbridges.com/>

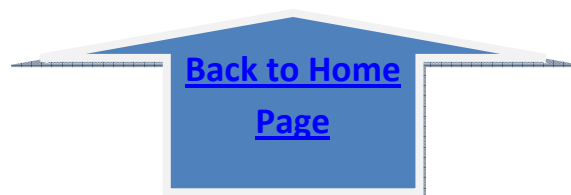
There's this annual covered bridge festival, not far from Monroe County. It's a lot of fun to browse the stuff, eat seasonal foods, and stuff.

State Fair

<http://www.in.gov/statefair/>

For ongoing animal related activities, I would suggest <http://www.palstherapy.org/> . They specialize in therapeutic horseback riding activities. Currently the state fair is going on. <http://www.in.gov/statefair/> . The state fair has everything from animals to midway rides and everything in between.

I think the little shops in Nashville could be an interesting place to visit because of the small cafes and chocolate/fudge shops. There are many places to visit and festivals during the year.



IU

Indiana University Bloomington

www.iub.edu

Indiana University Bloomington campus homepage. You will find information local Arts & Entertainment, Athletics, and Sports. It is a good place for people to form relationships and have fun for all diversities.

IU Auditorium

<http://www.iauditorium.com/new0809/index.html>

The IU auditorium would provide customers and DSP's with lots of different activities. If a customer liked music there are always concerts and musicals they could attend. They also have comedians and other public figure speak very often. The IU auditorium would be a fun activity for both customers and DSP's.

Writing Tutorial Services

<http://www.indiana.edu/~wts/>

I think IU has a lot to offer students as well as people. They have a service called writing tutorial services that helps people with their writing skills and it lets the person get on campus and explore what campus is like and it allows them to talk with other students and people about their writing. Their address is :

IU art museum

http://www.indiana.edu/~iuam/iuam_home.php

The IU art museum is a great place to visit; it is free entry and has floors of world famous art. It is perfect for a day trip for any interested in the arts.

www.iidc.indiana.edu

This website helps people with disabilities become active in their own communities.

Bradwood

<http://www.iu.edu/bradwood/index.htm>

Bradford Woods is a 2500 acre piece of land in southern Indiana with a verity of programs and facilities and can host a number of different events.

IU Greenhouse

www.bio.indiana.edu/faculty/resources/facilities/greenhouse.shtml

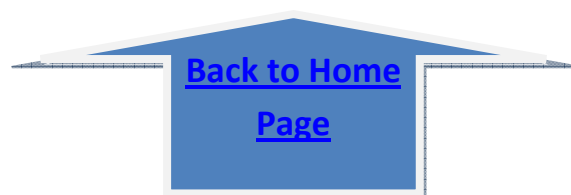
If the person is interested in gardening or plants you can always plan a trip to the IU greenhouse. It is full of plants ranging from desert species, to rainforest and carnivorous plants.

The Indiana Institute on Disability and Community

<http://www.iidc.indiana.edu/>

"The mission of the Indiana Institute on Disability and Community (IIDC) is to work with communities to welcome, value, and support the meaningful participation of people of all ages and abilities through research, education, and service.

The Institute collaborates with community agencies, schools, advocacy organizations, government, institutions of higher education, and other community partners to effect improvements in quality of life."



Job/Career

Area 10

<http://www.area10agency.org/>

This corporation helps people 50 or older to find housing in the community. It also provides health and Nutrition Services. This site also provides information on employment and transportation. I think this is a great website it helps many people over 50 to meet their needs and still allows them to be a part of their community.

www.npamc.org

The non-profit alliance of Monroe county send out an e-mail newsletter every week or so. Within the circular there are employment/volunteer opportunities and other events within the community.

Indiana Career connect

IndianaCAREERconnect.com

Is the State of Indiana's NO CHARGE service to benefit individuals and employers.

The most comprehensive source of Indiana job openings to assist you in finding the best match for your skills and experience.

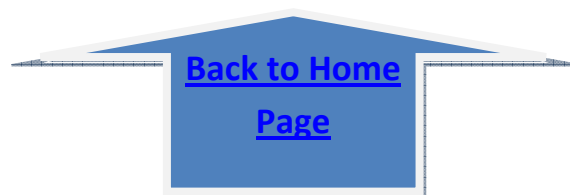
Research tools to show high-demand and high-wage careers.

EMPLOYERS:

Search our extensive database of job seekers and find employees with the right skills and qualifications.

Real time information on labor availability and labor market data.

I know several people who have been helped by this service.



Options

Matt McGloclin

waldronart.com

You can learn pottery, painting, clay, firing, throwing, and it's got a super cool art museum. You can also get some of it payed for by Options activity fund, to help your client out. The guy how makes pots is very disabled friendly and does give extra help to clients. I took a client there three years in a row. Also there a stained glass class here in town they moved but there still here, had clients make things there had no problems. Only risk is getting cut by glass, my two clients never did, have fun.

Great cook sight slenda.com!

www.optionsfbl.com

Here you can learn about what options is all about, and get any resource information that you want.

www.larcemploymentservices.com

An organization that would help or apply to the customers of options for the customers in Bedford we also has the LARC. They help people with developmental disabilities also. There website is

Options

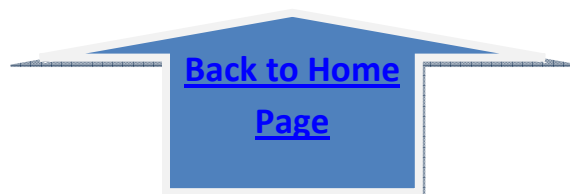
www.optionsfbl.com sends has a website that allows you to take a look at different events an activity that you and your family can attend. They also let you get info about the different programs that they offer. an how you would get info about what options really do.

Area 10

Area 10 on the Aging. Is a private non-profit corporation. Their mission is to improve quality of life, celebrate independence, health and dignity for all senior citizens (age 50 or older). This is the same mission as Options.

Indianapolis Children's Museum

One location a DSP could take a customer would be to the Indianapolis Children's Museum, it's fun, relatively inexpensive, and would be a great experience. Obviously we would have to discuss the miles used to travel, but it's doable otherwise.



Recreation/ Indoor/Outdoor

Monroe County YMCA

www.monroecountyyymca.org

This is the website for the Monroe County YMCA, which has an indoor pool. Swimming is a great way to stay active while meeting other people who go to the pool as well. Swimming lessons could be fun while providing direct interaction with the swim instructor.

Owen County YMCA would be a great place. They have different activities and wide range of options that a customer could choose from

Car show in Mitchell Indiana

http://www.bedfordonline.com/component/option,com_events/task,view_detail/agid,100/year,2008/month,08/day,02/itemid,32/

This is a link about a car show in Mitchell Indiana, because I work in Bedford. noon till 6 open to public , 6-8 pm 50's sock hop car and bike show will be held in front of the Mitchell High School \$ 10 show registration car and bike clubs welcome ! 50's Dance will be held in the High School cafeteria.

The Bedford parks department

www.Bedford.In.us

The Bedford parks department has many opportunities available for community involvement including softball leagues, swimming lessons, as well as general public access to the pool and other activities. The website is www.Bedford.In.us. However, the website is not very detailed so I have included the phone number which is 812-275-5692.

State Parks

http://www.stateparks.com/spring_mill.html

Great place to meet new people and have fun walking through the villages and checking out the caves

Bloomington Parks and Recreation

<http://bloomington.in.gov/parks/>

This is the website for Bloomington Parks and Recreation. They have a lot of great activities for everyone from small children to adults, including preschool learning classes, sports, and outdoor activities. The large variety of activities makes it possible to find something for just about anyone.

Karst park

<http://www.karstfarmpark.com/>

Karst Park is in Bloomington, Indiana. It is a very beautiful place to go for a picnic or a walk. There is playing equipment for children, and many activities that take place for adults. Some activities include soccer, kickball, and lacrosse. It is a good place to go to when you just want to get out.

Griffy Lake

<http://viewfromthecrossroads.wordpress.com/2007/08/16/griffy-lake-and-nature-preserve-%E2%80%93-bloomington-parks-and-rec/>

This is a website that tells you about Griffy Lake. There are many different activities you can do there. You can go canoeing or fishing or you can simply walk the trails or go hiking. There are a few different trails you can choose from. It's a great place for anyone who likes being outdoors.

The Indiana Natural resources website

<http://www.state.in.us/dnr/12880.htm>

Is part of the DNR statewide network. It includes all of the State Parks, and resultant activities like fishing, camping, hiking, all of which could be of interest to many of our customers. One particularly timely aspect is the story of the Bald Eagle, and the efforts the state is making to rescue this vital symbol of our National Heritage. An excellent website...

www.owencountymca.org

www.owencountymca.org would be a great place in Owen county/ Spencer area for group events and fitness. Plus, if you live in Spencer you could look in the evening world. The evening world would be a great place to inform you about events like Motorcycle rides, group functions, and etc.

The Wonderlab in Bloomington

www.wonderlab.org

WonderLab provides an informal setting for learning. Exhibits and activities relate to Indiana academic standards. It encourages an atmosphere of play. WonderLab's exhibits are designed for people to test ideas, observe what happens, try something new, and observe what happens again. There are no right or wrong answers. The focus is on creativity and critical thinking.

On any given day, visitors may encounter Science on the Spot hands-on activities, take-home crafts, and demonstrations offered by dedicated volunteers. These activities build upon the educational content of exhibits to enrich and refresh the museum experience. The Wondergarten is a beautifully-landscaped green space besides the building where visitors may enjoy a respite from the bustle of downtown Bloomington. The garden includes an amphitheater for fascinating outdoor science programs.

DNR website

<http://www.in.gov/dnr/naturepreserve/4728.htm>

If the person is interested in outdoor activities and integration with the community, you could look at the local DNR website for parks or activities being held in Bloomington. From there you could choose where you want to go, and meet people with the same interests. The website is <http://www.in.gov/dnr/naturepreserve/4728.htm>.

Bald eagles at Lake Monroe

<http://www.eaglesatlakemonroe.com/>

This is a website for bald eagles at Lake Monroe. They have been releasing captivated birds back into the wild. I think that would be very neat for someone to be a part of. There is also many other things to do at Lake Monroe, fishing, camping, hiking. Tons of fun stuff to do.

The Bloomington and Monroe County Parks and Recreation Program

www.cityblm.org/department.

The Bloomington and Monroe County Parks and Recreation Program has many great activities with small group activities of all types interest such as concerts, sports, dancing, farmer's market, Peoples Learning Classes including photography, scuba diving and so forth.

PALS Therapy

www.palstherapy.org

While this non-profit organization does have programs specifically for people with disabilities, they also offer recreational riding lessons which provides an opportunity for a variety of community members with a common interest in riding to meet.

Wal-Mart in Bedford to see the fish, shop for groceries, film developed, lunch. Eyes checked, walking exercised. Williams Road in Bedford.

Hoosier National Forest

<http://www.fs.fed.us/r9/hoosier/>

This is a link to the Hoosier National Forest. It lists all kinds of information such as: employment opportunities, events coming up, volunteer opportunities, and partnerships. There are events for people of all ages including a nature adventure.

http://www.localhikes.com/MSA/MSA_1020.asp

Hiking is a relaxing way to get exercise and unwind. It is also normally free and can be a full day activity or just a short activity.

Griffy Lake Nature Preserve

http://bloomington.in.gov/documents/viewDocument.php?document_id=278;

The link is for the Griffy Lake Nature Preserve. The preserve is surrounded by various hiking and walking trails that provide a sense of nature and an escape from the sometimes overwhelming busy city life. It is a good place to get exercise or just to sit and relax and enjoy the calm atmosphere. Certainly it would be a fine place for a picnic.

I would suggest going somewhere the customer was interested in. For example the customer I'll be working with likes arts and crafts and I do to so I would go to www.hobbylobby.com and find out what she like the most and look up all the thing they had to offer of what she was most interested in.

McCormicks Creek State Park

www.mccormickscreekstatepark.com/

McCormicks Creek State Park would be a great place to take a customer if they like being outdoors or like horses or fishing. It has great scenery and is close to the area.

Ice-cream

<http://brusters.com/>

There are tons of things that people could do. I know when I worked at bruster's ice cream we had a few smaller groups of people come and see how we made ice-cream. They also got to taste things and just get some overall knowledge. Nothing is complicated at an ice-cream shop, just fun and you get to learn some unusual things.

Brown County State park

<http://www.browncountystatepark.com/outdoors.html>

You can go to different things at the nature center through the year and they also have activities. You can go on hikes in the woods around the lakes. You can also go swimming, horseback riding, or biking. There is all kinds of activities that you can do in the park and around the area.

Mesker Park

<http://www.meskerparkzoo.com/>

I have attached a link to one of my favorite places to go whether it be the Evansville Zoo, or any other zoo in or around Indiana. Some of the most memorable activities and learning experiences that I have ever had are going to the zoo. It is fun and relaxing, and I have been to many different zoos around the country, and even around the world. It is one thing to watch a nature show on TV, or to look at pictures, but it is another experience to get to see the animals, informational, and exhibits. You also get to see animals up close to see their nature, reactions, sounds, and smells. I think that visiting a zoo is an opportunity that everyone should have, and you are able to get out, and definitely interacts with the public, and family and friends.

Brown County

<http://www.browncounty.com/>

I love hiking and outdoors so this would be a great place for me to share. They have ALOT of different activities and places to visit.

<http://www.geocaching.com/about/default.aspx>

USER NAME: OptionsFBL

PASSWORD: password06

GEOCACHING

Geocaching could be a fun and exciting way for a customer(s) to enjoy nature and discover accomplishments! It only requires a GPS navigator. Geocaching is where people have hidden boxes and cans full of different things. You can find numerous sightings around the Monroe area. When you find a geocach, you find something you like, you replace it with something you brought to put in its place, and there might be a log book inside to sign date and write something of choice. I think an activity like this could be very beneficial and exciting!

Fairfax Recreation Area

I think some good outdoor walking areas are the trail at the beach at Fairfax recreation area is gentle and safe. Across the street is a nice trail that starts at the shelter and goes through some nice woods. The trails at Cascades Park are also very nice and shaded with some structures, and tables for resting or activities or lunch outdoors.

Lake Monroe Park

<http://www.volusia.org/parks/LKMonroe.htm>

For anyone who loves the outdoors I have just the spot for you! Lake Monroe Park, off of Highway 17-92 in DeBary, is a beautiful place for camping, fishing, boating, and hiking. There are also picnic areas, a playground, and a volleyball court where you can have some fun in the sun! See the following link for more information.

Clear Creek Trail

Clear Creek Trail-it would be a great opportunity to hike, meet members of the community, and get some fresh air and exercise, there is also the B-line trail, and the Bloomington Rail Trail

Another organization might be PALS, People Animal Learning Services-they provide therapy through horse riding and interaction

Young Farm

www.Youngsfarm.net

A very fun outing would be to go horseback riding. Or even go to a horse camp. In LeBanon there is a place called Youngs Farms. They have it all, from a walk around the corral to all day outings.

I know that horses are used quite frequently with customers such as Options has. With great success too!

Eagle Creek Park

<http://eaglecreekpark.org/>

There is a park, Eagle Creek Park, in Indianapolis that has music and community events, hiking, a reservoir with a swimming area and beach, and rentable kayaks and canoes. This would be a good place to spend an afternoon and have a picnic.

Bryan Park

http://bloomington.in.gov/documents/viewDocument.php?document_id=302

It is super hot outside right now! Bryan Park pool is always good outdoor fun. Its an awesome place that provides space for every type of swimmer. There's a family area with shallow water, big pool with different depths, water slides, and of course a food stand! It has plenty of bathroom space and showers that some pools don't have. Also the park is right there!

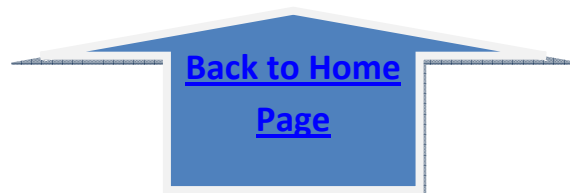
Lake Monroe

<http://www.lake-monroe.com/>

Lake Monroe is a great place to go on a sunny day in the summer. It's a hotspot for people who live in Monroe County so there are always people there to interact with. You can go to the beach, go swimming, or go fishing if you have the right fishing licenses. It can make for an exciting or relaxing day that lets the customer be out in the community having fun and getting some exercise.

In Ellettsville, we have a block party in the park for the community to get together and have a good time, eating food, playing games, listening to music and having conversation with people you have just met. It is on one Sunday during the month, the next one is August 27.

I think a great place a DSP could take a customer would be McCormicks Creek State Park or Flatwoods Park. These parks have lots of trails for walking and its fun to be outside.



Spiritual:

Beth Shalom Congregation

www.bjc.org

Beth Shalom Congregation can be found at bethshalom-bjc.org. They are an organization which, "provides a unifying Jewish focus for its diverse membership as congregants explore their identity as Jews and their relationship as Jews to the larger community." They have activities which reach out to the community of children, teens, and adults to foster spiritual exploration.

Shepherd Church

http://site.shepherdchurch.com/app/w_page.php?id=1&type=section

I good resource in Bloomington are all the churches. There are so many churches in Bloomington that have willing people who would love to help out and get involved, all someone has to do is ask and be specific about what help they would need. Here is my particular church...

Sherwood Oaks Christian Church

http://www.socc.org/outreach/community_care.html

Sherwood Oaks Christian Church in Bloomington not only holds many of its own social events and activities throughout the month that the community is invited to, but also provides this page on their website. On this page are links to many places throughout the city where people can find more information about getting involved. It would be a great place for staff to take their clients and do an activity together that allows the client to accomplish something for the betterment of the community.

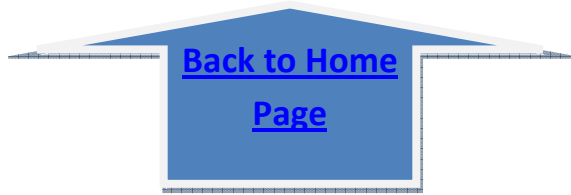
www.stoneybrookcommunity.net

I would choose a church for the person. Because churches accepts people of all types and everyone is treaded the same no one is different and they all are loving and caring people.

Clear Creek Christian Church

<http://www.clearcreekchurch.com>

Bloomington is filled with churches and where else should people with disabilities feel comfortable if not in a church. I attend Clear Creek Christian Church and their website is <http://www.clearcreekchurch.com> There are always volunteer activities, social events, helping with children and teens that occur outside of the walls of the building for anyone who is willing to lend a hand. For customers to feel that they are needed and are helping others, can help them become more confident and helpful.



Sports/Fitness

YMCA

www.moroecountymca.org/

I don't know how to make a link but I know the web site. And I know that the YMCA has a pool hot tubs ping pong dance classes etc. they have things for people with disabilities and without. This is not only fun for the customer but they have good chooses for the customer make for exercise.

The Bedford parks department

www.Bedford.In.us.

The Bedford parks department has many opportunities available for community involvement including softball leagues, swimming lessons, as well as general public access to the pool and other activities. The website is www.Bedford.In.us. However, the website is not very detailed so I have included the phone number which is 812-275-5692.

The Community Bike Project

<http://www.bloomington.in.us/~bikeproj/>

The Community Bike Project is a Bloomington-based organization that focuses on providing bike transportation to the people of the city. They focus on teaching bicycle maintenance in order to ensure that bikes on the streets stay on the streets.

They have workshops and classes and also have a program where if you volunteer your time to them you can earn a bike.

Special Olympics Indiana – Monroe County

P.O. Box 2554

Bloomington, IN 47402

HOTLINE: 812.325.1548

E-mail: specialolympics@kiva.net

Monroe County Special Olympics would be a great community event for customers or DSP's to attend. Even if its just watching and not participating...It would be a great place for customers to interact with people and see some of the things individuals with disabilities are doing.

Rock Climbing Gym

<http://www.hoosierheights.com/index.php>

this place is a rock climbing gym in Bloomington on south Rogers ST. it is a great place to get a work out and build relationships at the same time. i have been there many times and always have a blast with it. This would be a great environment for someone who has a fear of height that they would like to overcome. Also trust is a big factor.

IU sports

<http://www.iurecsports.org/>

This is a great resource that provides a variety of different opportunities for Options customers to explore. They have all types of special events and programs like aquatics, volunteering, sports, etc. Even though the website is very big it does lack information about all the different groups and organizations that use the areas and are open to new people joining and participating.

Sports @ Bloomington

www.bloomington.in.gov/parks

Bloomington has great sports buildings. These buildings and fields are open to anyone unless they are reserved. Sports are a great way to relax and get rid of stress.

IU Family Night

http://www.iurecsports.org/family_night

This is a Friday night when IU opens up its student recreation and sports complex to the public for free. There are a variety of activities for people of all ages and abilities.

Karst Farm Park

<http://www.karstfarmpark.com/>

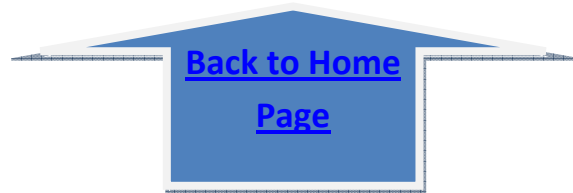
This is a park on the west side of Bloomington they have soccer fields and places to play sports or just walk around and enjoy nature

There are IU clubs that anyone can join one of them being Badminton which meets every week at the HPER building.

Monroe County Special Olympics

www.specialolympicsmonroecounty.org

Monroe County Special Olympics. They have many different events that can be accomplished by the individual. Some of them include basketball, softball, bowling, track, swimming, and tennis. I have been involved in these programs as a volunteer for years and there is no better joy than watching these individuals having fun and accomplishing their goals in the events that they participate in.



Support/Independent Living

Southern Indiana Center for Independent Living (Sicil)

<http://cgi.hoosier.net/cgi-bin/cgiwrap/uwmonroe/viewentry?id=197>

This is the link to the Southern Indiana Center for Independent Living (Sicil) website. Sicil is a non-for profit agency that is an advocate for people living with disabilities. Sicil provides many types of support for people with disabilities in Monroe and Lawrence counties.

Mother Hubbard's Cupboard

<http://www.mhcfoodpantry.org/>

Mother Hubbard's Cupboard is a food pantry whose mission is:

To provide healthful, wholesome food to people in need, as well as nutrition and gardening education and

To provide our services in ways that build community while enhancing the dignity, respect, and self-care of all involved.

Our Vision:

We envision a community in which everyone has equal access to nutritious food, waste is minimized, and all members are healthy, self-sufficient, and empowered to reach their full potential.

PALS

www.palstherapy.org

PALS offers therapeutic and recreational horseback riding to members of the community. It is a great program that encourages independence and self confidence.

The Morgan County YMCA in Martinsville has a volunteer program established many years ago to provide a one on one volunteer program for individuals with disabilities. I was privileged to sit on the committee to form this program. No matter which program opportunity you wish to participate in, the Y will locate a volunteer to buddy-up with you to have a successful experience.

Volunteers in Medicine

<http://www.vimmonroecounty.org/>

The purpose of Volunteers in Medicine is stated in its mission statement, which says, "In cooperation with others in the community, Volunteers in Medicine provides the following services without cost to the medically underserved in Monroe and Owen Counties:

Easily accessible, quality primary and preventive healthcare

Treatment for both acute and chronic conditions

Health education that empowers individuals to take responsibility for their own well being."

This would be a great place to take customers for volunteer opportunities as a way to give back to the community.

www.iidc.indiana.edu

This website helps people with disabilities become active in their own communities.

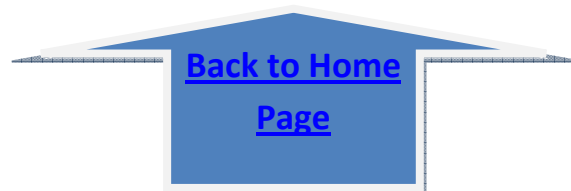
Good Will

Goodwill.org

Is a good place where a disability person can help his/her self to grow up like an independent person

Area 10

Area 10 on the Aging. Is a private non-profit corporation. Their mission is to improve quality of life, celebrate independence, health and dignity for all senior citizens (age 50 or older). This is the same mission as Options.



Volunteer

City of Bloomington Volunteer

<http://bloomington.in.gov/volunteer/>

This website has a list of volunteering opportunities all throughout the Bloomington area. This is a great way to find an activity that would one include the person in the community and two help them give back to the community. If the person found a volunteer opportunity that was something they enjoyed or helped an organization they enjoy this would give them fulfillment.

Monroe County Humaine society

www.monroehumane.org

This link is for the Monroe County Humaine society. There are great volunteer opportunities here, as well as it is a fun activity to do someday. Getting involved in the Humaine society is a great activity that could help control the pet population.

The Midwest Pages to Prisoners Project

<http://www.pagestoprisoners.org/>

The Midwest Pages to Prisoners Project is supported by Boxcar Books and receives letters from prisoners in the Midwest asking for reading materials and other learning supplies while they are in prison. The Midwest Pages to Prisoners Project sends them books and letters for them to read while they are in prison. Customers may enjoy volunteering there and helping to package and mail books.

Mother Hubbard's Cupboard

www.mhcfodpantry.org

Mother Hubbard's Cupboard is a publicly available service tied to the Monroe County Food Bank. Free quality food, much of it local, is available to anyone in town, in quantities varying by household size. The organization is volunteer-run and is always in need of both volunteers and users (it only receives funding according to its use).

Boxcar Books

www.boxcarbooks.org

Boxcar Books is an all-volunteer run community bookstore, information shop, and community space. It often partners with Direct Support agencies to provide volunteer positions to folks with disabilities, and regularly has events, benefits, and involvement in the larger community. It also hosts weekly operations of the Midwest Pages to Prisoners project, which always needs volunteers to help organize and pack books requested by incarcerated individuals seeking education, entertainment, and enlightenment.

Community Justice and Mediation office

cjam@bloomington.in.us

A good place in Bloomington could be the Community Justice and Mediation office downtown at the square. Though they do not have a website up (to my knowledge), they can be contacted at cjam@bloomington.in.us. It is an organization run by volunteers that is an alternative option to the court system. Instead of settling conflicts in court, victims/offenders can choose to mediate and talk about the issue at hand and come to (hopefully) an understanding and agreement over the conflict at hand. There is always office work that needs to be done so volunteering there should not be an issue at all. Plus, you are participating in helping to keep Bloomington's community strong!

The Midwest Pages to Prisoners

<http://www.pagestoprisoners.org/>

The Midwest Pages to Prisoners is a project that collects books to be donated to prisons for incarcerated individuals. They operate in conjunction with Boxcar Books, a local nonprofit bookstore. Pages to Prisoners is always in need of volunteers, yielding an opportunity for both customers and DSP's to help out. Also, the bookstore itself is fantastic and a great place for any person to visit.

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Monroe Community Kitchen

Monroe Community Kitchen is a great way to get involved in the community. Meal serving or preparation are very rewarding, and everyone who works and volunteers there is very friendly and helpful. Their website is monroecommunitykitchen.com. Volunteer shifts are only three hours at a time, so they easily fit in with busy schedules and are a very fun time.

Volunteers in Medicine

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- Easily accessible, quality primary and preventive healthcare

- Treatment for both acute and chronic conditions

- Health education that empowers individuals to take responsibility for their own well being."

This would be a great place to take customers for volunteer opportunities as a way to give back to the community.

Human Society

www.whiteriverhumanesociety.com

This site provides information on the society's mission, and focuses on their stance toward puppy mills in Lawrence County. It also contains a section on volunteering, which I thought might be good for an animal lover capable of these tasks:

- Cleaning kennels

- Walking Dogs

- Bathing Dogs

- Socializing Dogs

Monroe County YMCA

www.monroecountymmca.org

The Monroe county YMCA has many volunteer opportunities for everyone willing to get involved. There is a long list of summer camps available during the summer, as well as many different departments you can take classes in throughout the year.

The Bloomington Playwrights Project

newplays.org

The Bloomington Playwrights Project is a local theater that provides gallery space and puts on productions of local artists/actors. The venue could be a great way of experiencing the arts as well as being inspired to create your own artwork. The Playwrights Project also has volunteer opportunities that could provide the means of becoming involved in the community and meeting new and interesting people.

Exotic Feline Rescue Center

<http://www.exoticfeline rescuecenter.org/home.html>

The Exotic Feline Rescue Center is a rescue organization and non-profit that takes in exotic lions and tigers who have been abused, injured, neglected, and ultimately unwanted. They are beautiful and majestic and amazing to look at. The rescue center gives tours and provides volunteer opportunities.

www.npamc.org

The non-profit alliance of Monroe county send out an e-mail newsletter every week or so. Within the circular there are employment/volunteer opportunities and other events within the community.

Volunteer Bloomington

volunteer.IN.gov

volunteer.IN.gov is one website that might be helpful to DSPs and Customers. On the website is a list of many volunteer opportunities in the state, including Bloomington and surrounding areas. This can take advantage of some of the skills customers have to offer the community.

www.cityblm.org is a website that you can volunteer for different things

bloomingtonmn.usn.myareaguide.com/events.html is where you can go to find events that is taking place

<http://www.americantowns.com/in/bloomington-make-a-difference>

Habitat for Humanity

<http://www.monroecountyhabitat.org/volunteer/index.php>

Habitat for humanity is a great organization with plenty of opportunities for volunteering.

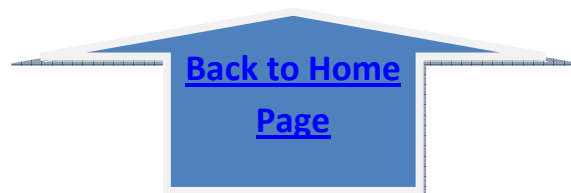
Salvation Army

salvationarmy.org

During the holidays they need volunteers to ring bells.

www.habitat.org

This would be a great way to get someone out there who likes to work with their hands. It gives them the opportunity to see the inner workings of how a house is made. Also, they can be presented with the idea of what it's like for them to reach out to their community and volunteer.



Youth Development

The Boy & Girls Club of Bloomington

http://www.bgcbloomington.org/index0c51.html?option=com_frontpage&Itemid=1

The Boy & Girls Club of Bloomington is a neighborhood-based organization designed solely for youth programs and activities, that reaches out to kids who cannot afford, or may lack access to, other community programs. The organization is staffed by trained youth development professionals that serve as positive role models and mentors. Volunteers also help with providing supplemental support. Their Mission Statement is "to enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens."

The limestone Boys and Girls Clubs

www.limestonegirlsclub.com

The limestone Boys and Girls Clubs in Bedford offer several opportunities for people to get involved in. I have been around both of these places for many years and there are always people with developmental disabilities in these places taking part in a wide range of activities.

Is it possible to enlist the aid of the Boy/Girl Scouts in the area? They might be able to create a troop in which clients can enroll and learn new skills both social and helpful.

Rhino's

The first place that stands out to me would have to be Rhino's all ages Club

www.rhinosyouthcenter.org/club/

Rhino's is an all ages music venue that operates through Bloomington parks and recreation that aside from providing affordable all ages shows also offers a lot of programs for teens in the community. A couple of these include Youth Radio which is a teen based radio program produced and aired on WFHB (a local radio station) and Youth Video, which is a teen based video project that gets air time on WTIU (a local TV station). These programs are also free and give teens and young adults a positive and constructive place to have an influence on the community they live in.

The second place would have to be Bloomington Parks and recreation

www.cityblm.org

This website provides a wide variety of links and guides to things that are happening in the community including class's, shows, plays, and events of all sorts.

Writing Tutorial Services

<http://www.indiana.edu/~wts/>

I think IU has a lot to offer students as well as people. they have a service called writing tutorial services that helps people with their writing skills and it lets the person get on campus and explore what campus is like and it allows them to talk with other students and people about their writing.

Head Start Program

parent@headstart.bloomington.in.us

Half and full day programming, school year for children ages 3-kindergarten.

I'm not from Bloomington, but Brown County has an organization called Creative Mentors (I'm a mentor in this program). It teaches kids (people) how to do all sorts of creative things from painting to pottery. One has a mentor they meet with on a weekly (usually) basis to work on their projects. At the end of the year, they get together and show their projects. It is an award winning program and very worthwhile.

Big Brothers and Big Sisters

www.BigBrothersBigSisters.com

www.BigBrothersBigSisters.com is a program that people can get into in order to help younger boys and girls the community.

<http://www.bgcblloomington.org/>

The boys and girls of Bloomington is a great place. I actually use to attend many years ago. They have many fun kid activities daily such as basketball, pool, etc. They also offer summer camps that involve taking hikes, canoeing and other things. I could see a place like this being of interest

The Children Museum

<http://www.childrensmuseum.org/>

The Children Museum of Indianapolis, because even though I am an adult, I love going there to see the dinosaurs (anthropologists don't dig dinosaurs btw) and the Egyptology exhibit, although I heard they changed it. And they have a Star Wars the Clone Wars Exhibit. They also have volunteer opportunities.

Fourth Friday Alliance

<http://www.myspace.com/fourthfridayalliance>

Fourth Friday Alliance is a group that encourages the social networking of GLBT youth and their supporters throughout Indiana by hosting monthly mixers for people of all ages. The mixers are held every fourth Friday of the month from 4 to 6 pm at Rhino's All Ages Club in Bloomington, Indiana. I have been and they have some neat gatherings, I went to "disco night" a while back and everyone there had a great time.

